

Preventing Runovers and Backovers

Safety for Workers on Foot

Module 3

Workers on Foot

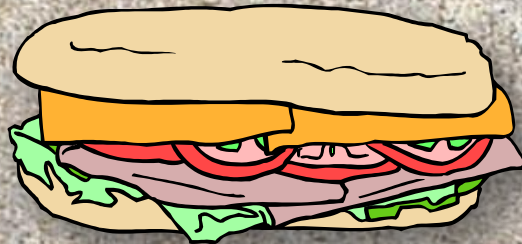
Safe Practices

Communicate Safety Plan with Workers



Worker Habits and Behavior

- Consider worker behavior when developing the ITCP. Determine locations where workers are likely to go and ensure safe routes to get there.



Worker Habits and Behavior

- **Consider common phone behavior:**
 - Plugging the ear away from the phone
 - Looking to the ground so one can concentrate
 - Trying to block out busy, noisy environment
- **What hazards are created?**



Workers Must Be Visible

- Workers must be visible with regards to their location around equipment . . .



Workers Must Be Visible

- Workers must be visible with regards to their high visibility clothing. . .



Workers Must Be Visible

- Workers must be visible in a variety of conditions, especially during night work.

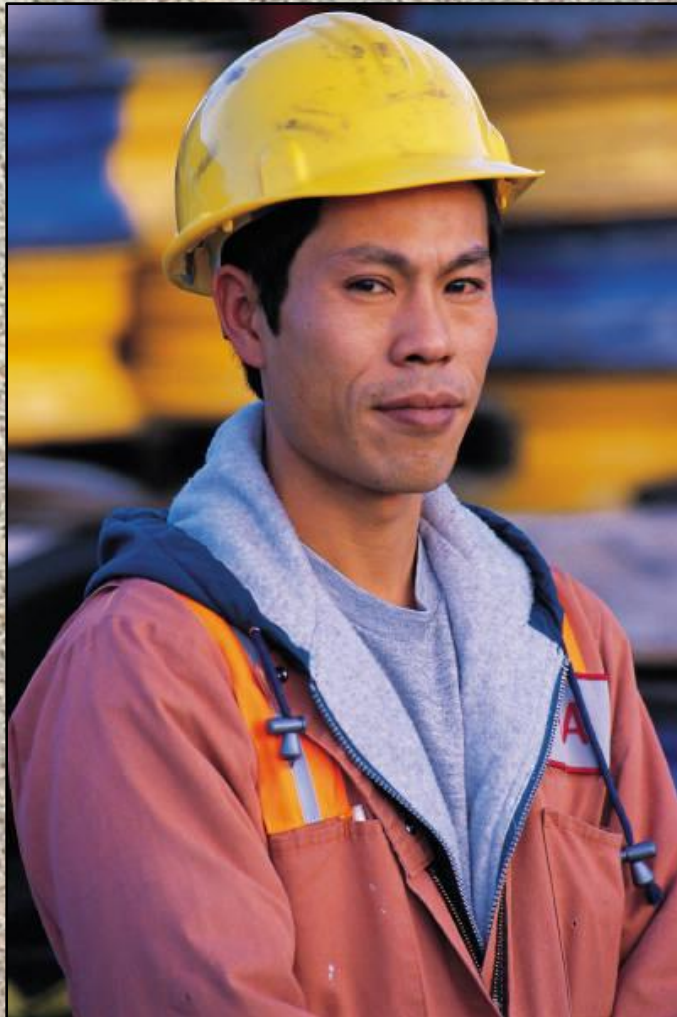


Operators Must Confirm Before Workers Approach Equipment



Wait for a clear signal from the operator before approaching equipment.

Class Activity

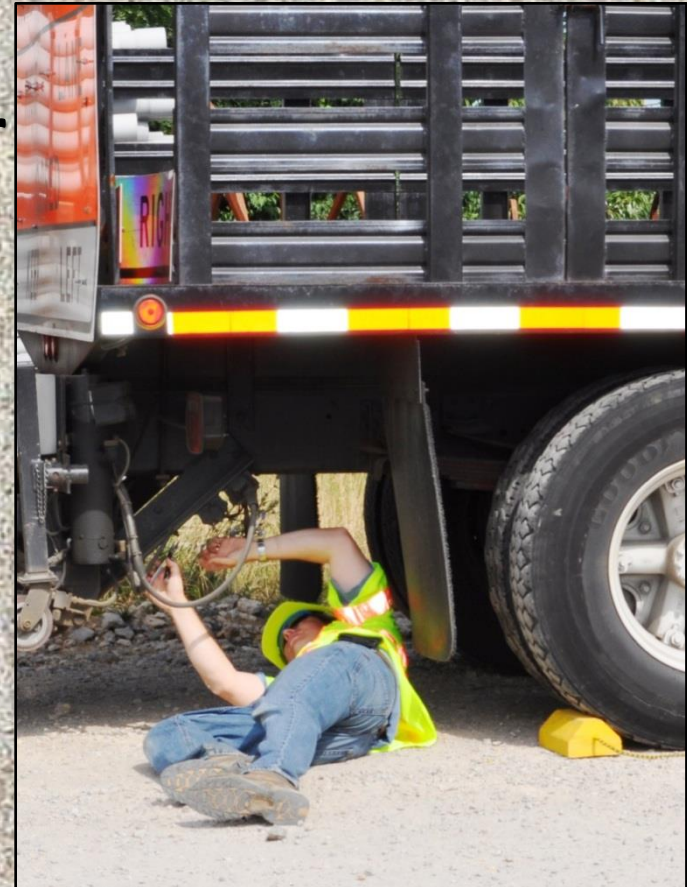


- If you think the instructor is looking at you, raise your hand.

High Risk Operations

■ Certain Operations Create High Risks

- When the “ordinary” changes, incidents are more likely to occur
- Trucks back more frequently
- Workers on foot are closer to equipment
- More equipment or vehicles are on-site, moving
- Repairs bring more people and equipment near moving equipment



Mitigating Risk

- **Minimize movement of vehicles when workers on foot are performing change-over, repair or other tasks**
- **Do not sacrifice safety procedures during such times.**



High Risk Operations

**Change from the
“Routine”
Increases Risk**



Drivers and Operators

Safe Practices



Backing Safety

There are several key principles to safe backing in work zones:

- Backing should be controlled, used only when necessary and under specified conditions;
- There should be clear communication between the operator and workers on foot before backing begins;
- Everyone should understand the blind areas around the equipment on site.



Backing Safety

Remember/Review:

- Avoid backing up unless necessary
- Walk around vehicle to check for hazards
- Be aware of blind areas
- Use a spotter whenever possible



Know Your Surroundings



Walk Around Vehicle Before Backing

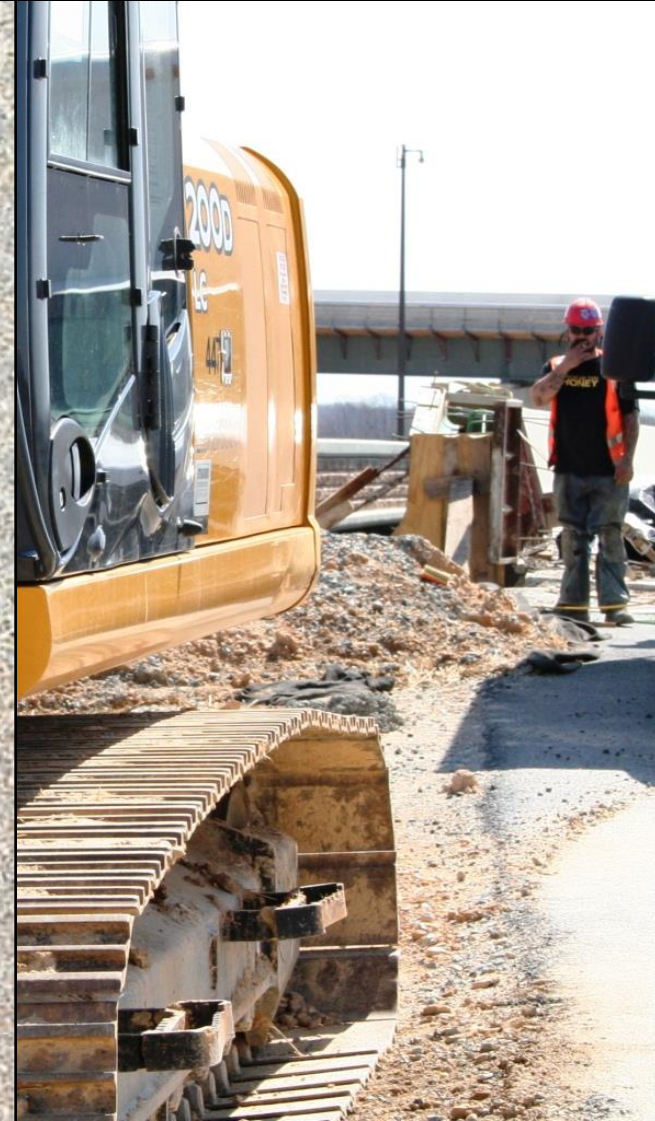


Designate a Spotter



Spotters

- Spotters are recommended by ANSI and other agencies;
- Required in some states when camera/radar systems not used ;
- Spotters are in danger from vehicles – who spots the spotter?
- Spotters help when you must work with back to equipment or traffic;
- If visual contact is lost with the spotter, stop immediately.



Vehicle Pathways

- A key element of the Internal Traffic Control Plan is to develop a route plan vehicles will follow when entering, exiting, and traveling through the work space.
- The route may be marked with temporary traffic control devices.
- The plan must be communicated.

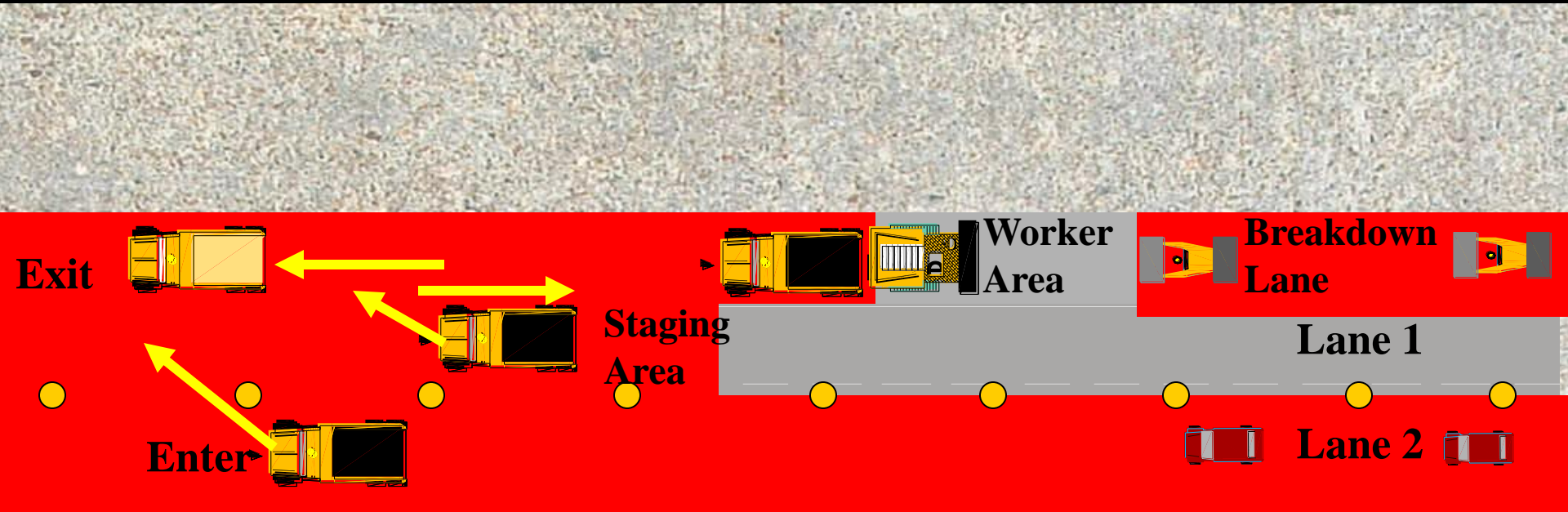


Worker Free & Equipment Free Zones

- **Worker Free Zones** are locations from which workers on foot must stay clear, including:
 - Blind areas around equipment
 - Equipment travel lanes and queue areas in paving trains
 - Moving equipment, including swing radius, pinch points and moving parts
 - Other hazardous areas, i.e. near power lines

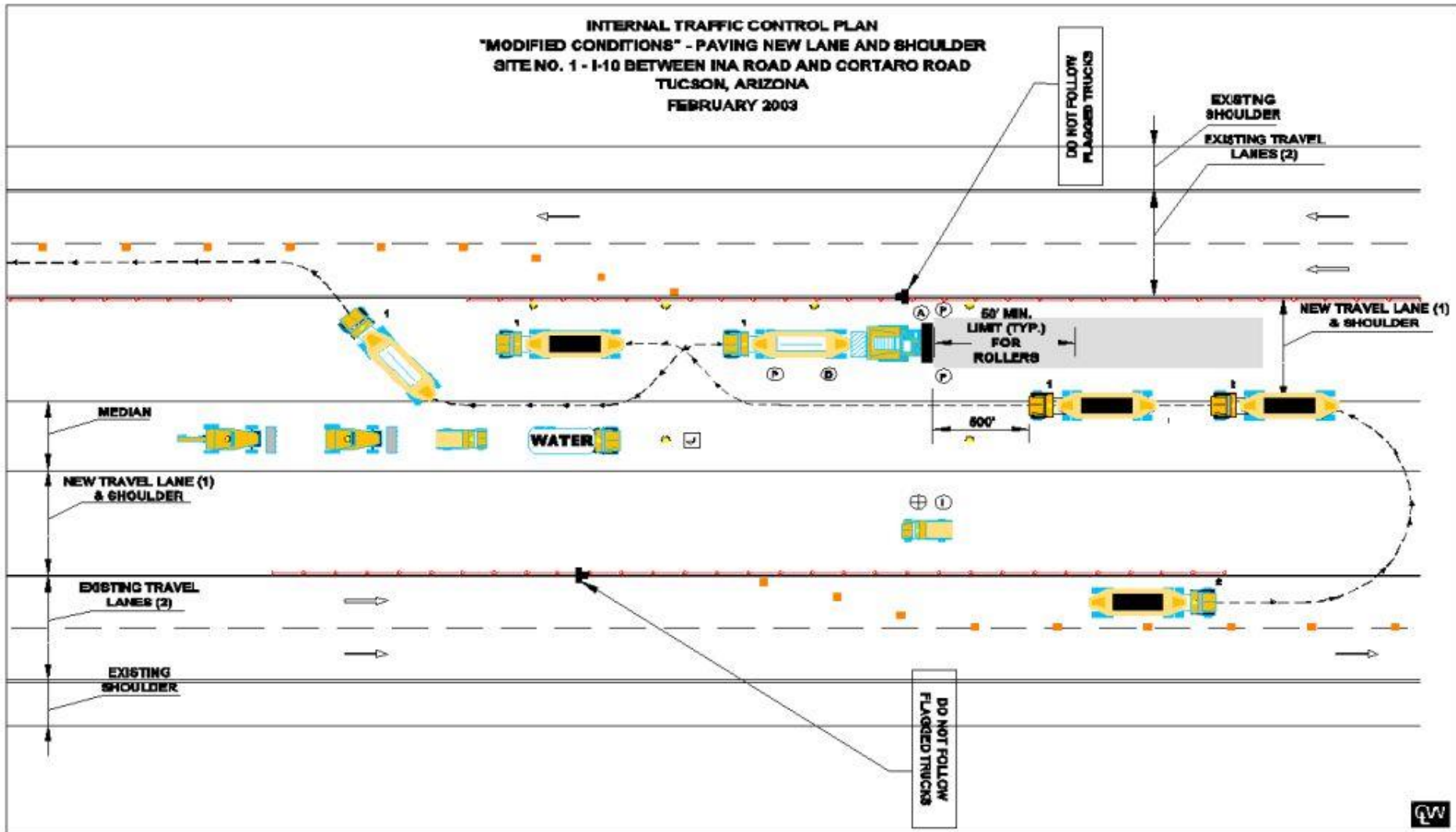


Worker Free & Equipment Free Zones



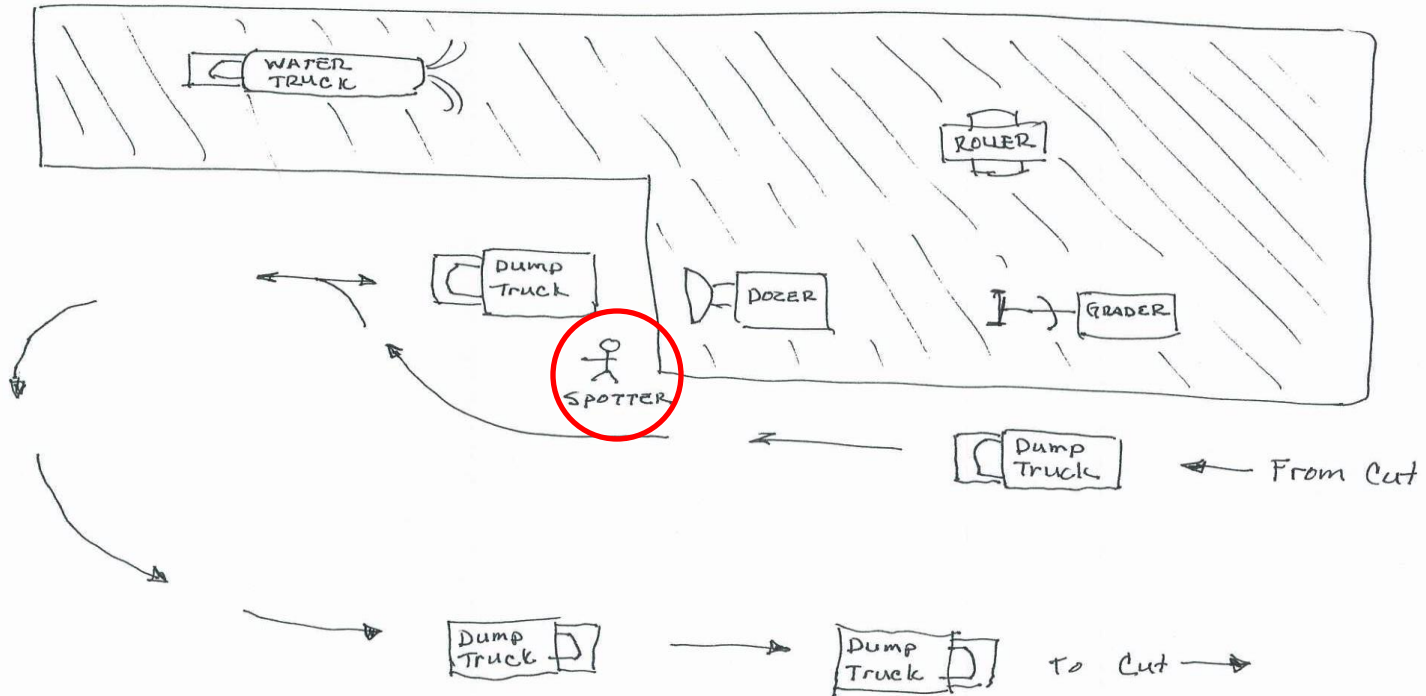
 = Worker-Free Zone

Sample ITCP (Equipment Path)

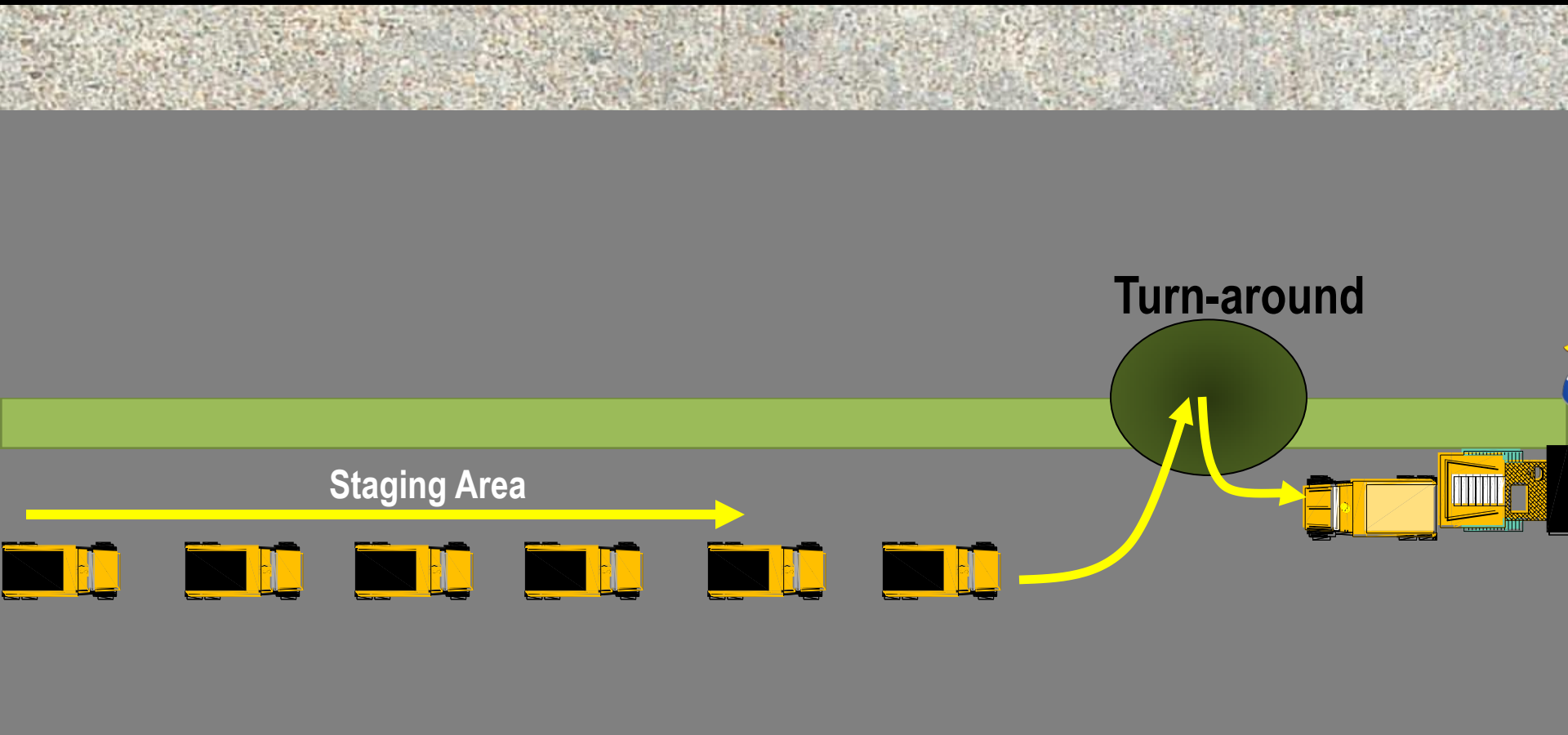


Sample ITCP (Equipment Path)

Dirt Spread Plan



Case Study: Concrete Paving Operation



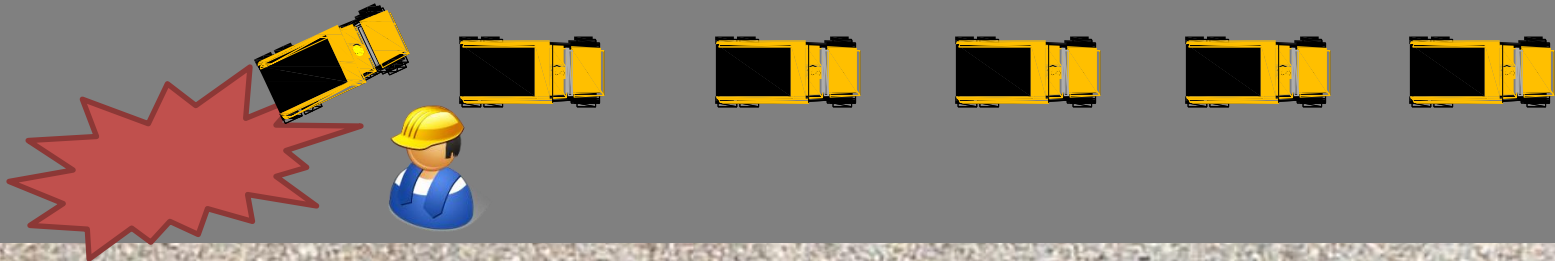
Case Study: Concrete Paving Operation

Turn-around

New Truck

Last Truck

Staging Area



Vehicles Entering the Work Space

- Plan locations and procedures for assigned workers to approach vehicles (*such as taking load tickets and communicating delivery locations procedures*).



Can Technology Help?

There are a variety of technologies—old and new—that have been developed to warn drivers and operators when workers on foot are near, including:

- Alarms
- Cameras
- Radar
- Sonar
- Tag Systems



{Technology Video}

Discussion and Questions

End Module Three

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